

KS

100 m

Heat: 1

Vind: +0.4

| | | | | |
|---|-----|-----------------------------|--------------|-------|
| 1 | 286 | Ezinne Okparaabo (88) | IL BUL | 11,83 |
| 2 | 191 | Ida Bakke Hansen (93) | Sandnes | 12,19 |
| 3 | 261 | Mari Gilde Brubak (90) | Malvik | 12,20 |
| 4 | 279 | Mari Forbord Anderssen (96) | Kristiansand | 12,56 |
| 5 | 154 | Alisa P. Andersen (89) | Steinkjer | 12,66 |
| 6 | 399 | Vilde Lund Bjørnsen (96) | BFG Bergen | 12,77 |
| 7 | 10 | Karin Busch (92) | Vidar | 13,25 |
| 8 | 400 | Elise Una Mikkelsen (95) | BFG Bergen | 13,28 |

Heat: 2

Vind: +0.2

| | | | | |
|---|-----|---------------------------|---------|-------|
| 1 | 287 | Isabelle Pedersen (92) | IL BUL | 12,29 |
| 2 | 9 | Astrid M. Cederkvist (94) | Vidar | 12,36 |
| 3 | 334 | Christine B. Jensen (94) | Gular | 12,42 |
| 4 | 207 | Oda Mohus (97) | Runar | 12,54 |
| 5 | 34 | Marte Pettersen (97) | Urædd | 12,56 |
| 6 | 363 | Agathe H. Wathne (94) | Fri | 12,72 |
| 7 | 251 | Grace Ogoti (97) | Nesbyen | 13,08 |
| 8 | 364 | Julie Viken (97) | Fri | 13,31 |

Heat: 3

Vind: +0.5

| | | | | |
|---|-----|-------------------------------|------------|-------|
| 1 | 153 | Tara Marie Norum (91) | Steinkjer | 12,22 |
| 2 | 169 | Elisabeth Slettum (86) | Skjalg | 12,25 |
| 3 | 82 | Maren Sofie H. Andersen (94) | Tjalve | 12,36 |
| 4 | 217 | Siv Krakeli Sneen (92) | Ranheim | 12,40 |
| 5 | 264 | Randi V. Johannessen (96) | Lyngdal | 12,61 |
| 6 | 225 | Vilde Gjesbakk (96) | Rana | 12,78 |
| 7 | 83 | Thale Kristine F. Espeli (89) | Tjalve | 12,86 |
| 8 | 206 | Wendel M. Håvardstun (98) | Sandefjord | 12,91 |

Heat: 4

Vind: +0.4

| | | | | |
|---|-----|-----------------------------|--------------|-------|
| 1 | 53 | Helene Rønningen (98) | Tyrving | 12,27 |
| 2 | 81 | Alvilde Grønneberg (92) | Tjalve | 12,30 |
| 3 | 54 | Heidi Hessian Næss (89) | Tyrving | 12,37 |
| 4 | 11 | Caroline Kuvaas (95) | Vidar | 12,53 |
| 5 | 384 | Sidsel Bjørgo Adam (95) | Fagernes | 12,62 |
| 6 | 335 | Live Haugstad Hilton (99) | Gular | 12,71 |
| 7 | 12 | Marit Aarvaag Storaker (88) | Vidar | 12,81 |
| 8 | 280 | Emma Natalie H. Dhir (99) | Kristiansand | 12,92 |

KS

100 m

KS

100 m, Finale

Vind: +0.2

| | | | | |
|---|-----|---------------------|-----------|-------|
| 1 | 286 | Ezinne Okparaebo | IL BUL | 11,36 |
| 2 | 153 | Tara Marie Norum | Steinkjer | 11,79 |
| 3 | 287 | Isabelle Pedersen | IL BUL | 11,83 |
| 4 | 53 | Helene Rønningen | Tyrving | 11,93 |
| 5 | 191 | Ida Bakke Hansen | Sandnes | 11,98 |
| 6 | 334 | Christine B. Jensen | Gular | 12,02 |
| 7 | 169 | Elisabeth Slettum | Skjalg | 12,07 |
| 8 | 54 | Heidi Hessian Næss | Tyrving | 12,19 |

KS

100 m, Semifinale

Heat: 1

Vind: +1.0

| | | | | |
|---|-----|------------------------|--------------|-------|
| 1 | 286 | Ezinne Okparaebo | IL BUL | 11,51 |
| 2 | 287 | Isabelle Pedersen | IL BUL | 11,93 |
| 3 | 191 | Ida Bakke Hansen | Sandnes | 12,03 |
| 4 | 334 | Christine B. Jensen | Gular | 12,06 |
| 5 | 261 | Mari Gilde Brubak | Malvik | 12,14 |
| 5 | 9 | Astrid M. Cederkvist | Vidar | 12,14 |
| 7 | 217 | Siv Krakeli Sneen | Ranheim | 12,52 |
| 8 | 279 | Mari Forbord Anderssen | Kristiansand | 12,56 |

Heat: 2

Vind: +0.5

| | | | | |
|---|-----|-------------------------|-----------|-------|
| 1 | 153 | Tara Marie Norum | Steinkjer | 11,93 |
| 2 | 53 | Helene Rønningen | Tyrving | 12,03 |
| 3 | 169 | Elisabeth Slettum | Skjalg | 12,14 |
| 4 | 54 | Heidi Hessian Næss | Tyrving | 12,20 |
| 5 | 81 | Alvilde Grønneberg | Tjalve | 12,20 |
| 6 | 82 | Maren Sofie H. Andersen | Tjalve | 12,27 |
| 7 | 207 | Oda Mohus | Runar | 12,51 |
| 7 | 11 | Caroline Kuvaas | Vidar | 12,51 |

KS

1500 m

KS

1500 m

| | | | | |
|----|-----|------------------------------|------------|---------|
| 1 | 389 | Ingvill M. Bovim (81) | Bækkelaget | 4,12,34 |
| 2 | 323 | Elisabeth Angell Bergh (96) | Haugesund | 4,23,28 |
| 3 | 338 | Karoline Finne (93) | Gular | 4,24,46 |
| 4 | 337 | Ingrid Halvorsen Folvik (97) | Gular | 4,24,48 |
| 5 | 336 | Frida Berge (94) | Gular | 4,27,65 |
| 6 | 84 | Christina M. Toogood (89) | Tjalve | 4,32,59 |
| 7 | 193 | Caroline Ziesler (95) | Sandnes | 4,34,49 |
| 8 | 252 | Maria Sagnes Wågan (92) | Namdal | 4,34,84 |
| 9 | 171 | Ida Elise N. Eltervaag (95) | Skjalg | 4,35,11 |
| 10 | 1 | Maren Høiby (93) | Ås | 4,35,68 |
| 11 | 339 | Ingeborg Kristine Lind (90) | Gular | 4,41,64 |
| 12 | 170 | Kristine Holst (96) | Skjalg | 4,45,02 |
| 13 | 142 | Mari Aarskog Nesse (96) | Stord | 5,04,48 |
| | 136 | Anniken Amos Ruud (91) | Strindheim | DNF |

Runde tider

400 m 389 1,05,1 800 m 389 2,13,4 1200 m 389 3,21,3

KS

3000 m hinder

76,2

| | | | | |
|---|-----|------------------------------|------------|----------|
| 1 | 260 | Heidi Mårtensson (95) | Modum | 10,25,06 |
| 2 | 13 | Kristine Eikrem Engeset (88) | Vidar | 10,33,62 |
| 3 | 136 | Anniken Amos Ruud (91) | Strindheim | 10,47,76 |
| 4 | 142 | Mari Aarskog Nesse (96) | Stord | 10,59,37 |
| 5 | 256 | Emilie Grøterud (97) | Moelven | 11,23,93 |
| | 57 | Karoline E. Skatteboe (93) | Tyrving | DNF |

Runde tider

1000 m 13 3,17,1 2000 m 13 6,51,5

KS

400 m hekk

76,2 35m

Heat: 1

| | | | | |
|---|-----|---------------------------|-------------|---------|
| 1 | 340 | Vilde Svortevik (94) | Gular | 1,02,17 |
| 2 | 373 | Nora Kollerød Wold (97) | Fredrikstad | 1,02,53 |
| 3 | 194 | Eline Netland (95) | Sandnes | 1,04,66 |
| 4 | 374 | Katinka Vaag Prestøy (98) | Fredrikstad | 1,05,28 |
| 5 | 73 | Jorunn Vaagan Hofset (91) | Trondheim | 1,06,66 |

| KS | | 400 m hekk | 76,2 35m | |
|-----------|----|----------------------|-----------------|---------|
| 6 | 60 | Leah Røste (95) | Tyrving | 1,07,47 |
| 7 | 56 | Ida Planke Berg (96) | Tyrving | 1,07,50 |

Heat: 2

| | | | | |
|---|-----|---------------------------|-------------|---------|
| 1 | 372 | Marlen Aakre (93) | Fredrikstad | 1,02,27 |
| 2 | 387 | Marthe Mjøen Berg (93) | Dimna | 1,02,56 |
| 3 | 59 | Marie Skjæggestad (99) | Tyrving | 1,03,59 |
| 4 | 85 | Agnes Erlingsdottir (90) | Tjalve | 1,03,67 |
| 5 | 184 | Marte M. D. Jermstad (94) | Selsbakk | 1,08,08 |
| | 172 | Anna B. Jakobsen (93) | Skjalg | DNF |

KS 400 m hekk, Finale

| | | | | |
|---|-----|----------------------|-------------|---------|
| 1 | 340 | Vilde Svortevik | Gular | 59,51 |
| 2 | 387 | Marthe Mjøen Berg | Dimna | 1,00,66 |
| 3 | 372 | Marlen Aakre | Fredrikstad | 1,01,10 |
| 4 | 373 | Nora Kollerød Wold | Fredrikstad | 1,02,07 |
| 5 | 59 | Marie Skjæggestad | Tyrving | 1,04,15 |
| 6 | 85 | Agnes Erlingsdottir | Tjalve | 1,04,64 |
| 7 | 194 | Eline Netland | Sandnes | 1,04,96 |
| 8 | 374 | Katinka Vaag Prestøy | Fredrikstad | 1,06,38 |

KS Høyde

| | | | | |
|---|-----|--------------------------------------|-----------|------|
| 1 | 74 | Tonje Angelsen (90) | Trondheim | 1,85 |
| | | 1,75 1,80 1,85 1,90 | | |
| | | o o o xxx | | |
| 2 | 61 | Katarina Mögenburg (91) | Tyrving | 1,75 |
| | | 1,70 1,75 1,80 | | |
| | | o o xxx | | |
| 3 | 362 | Anne Engen Andersen (95) | Frol | 1,70 |
| | | 1,60 1,65 1,70 1,75 | | |
| | | o o o xxx | | |
| 3 | 178 | Caroline Fleischer (96) | Ski | 1,70 |
| | | 1,60 1,65 1,70 1,75 | | |
| | | o o o xxx | | |
| 5 | 317 | Elin Dale (96) | Herkules | 1,70 |
| | | 1,55 1,60 1,65 1,70 1,75 | | |
| | | o o o xo xxx | | |
| 6 | 75 | Malin Engan Wiseth (97) | Trondheim | 1,65 |
| | | 1,60 1,65 1,70 | | |
| | | o o xxx | | |

KS

Høyde

| | | | | |
|----|------|----------------------------|-------------|------|
| 6 | 192 | Hanne Berit Irgens (94) | Sandnes | 1,65 |
| | 1,55 | 1,60 | 1,65 | 1,70 |
| | o | o | o | xxx |
| 8 | 417 | Linn Vikan (91) | Trondheim | 1,65 |
| | 1,55 | 1,60 | 1,65 | 1,70 |
| | o | o | xo | xxx |
| 9 | 188 | Elise Nedberg (97) | Sandvin | 1,65 |
| | 1,55 | 1,60 | 1,65 | 1,70 |
| | o | o | xxo | xxx |
| 10 | 150 | Thea Leirfall Bremset (99) | Stjørdal | 1,60 |
| | 1,55 | 1,60 | 1,65 | |
| | o | o | xxx | |
| 11 | 266 | Audhild Høgåsen (95) | Lillehammer | 1,60 |
| | 1,55 | 1,60 | 1,65 | |
| | o | xxo | xxx | |

KS

Kule

| | | | | |
|----|-------|-----------------------------|--------------|-------|
| 1 | 62 | Kristin Sundsteigen (88) | Tyrving | 14,12 |
| | 13,73 | 14,12 | 13,91 | 13,66 |
| | | | 14,05 | 13,76 |
| 2 | 2 | Ida Marcussen (87) | Våg | 13,27 |
| | 13,06 | 13,07 | 13,27 | 12,74 |
| | | | 12,94 | 12,55 |
| 3 | 353 | Elin Isane (75) | Gloppen | 13,19 |
| | 12,66 | 13,19 | x | x |
| | | | x | x |
| 4 | 189 | Silje Nordahl Disserud (91) | Sandvin | 13,16 |
| | 12,69 | x | x | x |
| | | | 12,83 | 13,16 |
| 5 | 366 | Matilde Roe (96) | Fri | 12,60 |
| | 12,23 | 12,55 | 12,41 | 12,32 |
| | | | 12,60 | 12,59 |
| 6 | 88 | Grete Etholm (76) | Tjalve | 12,13 |
| | x | 12,13 | 11,98 | 11,81 |
| | | | x | x |
| 7 | 239 | Mona Ekroll Jaidi (95) | Norna-Salhus | 11,96 |
| | x | 11,96 | 11,77 | x |
| | | | x | x |
| 8 | 272 | Paula Nedberge Llano (95) | Laksevåg | 11,60 |
| | 11,55 | 11,60 | 11,48 | 11,17 |
| | | | x | 11,40 |
| 9 | 90 | Linn Louise W. Kvaale (98) | Tjalve | 11,06 |
| | 11,06 | 11,06 | 9,97 | |
| 10 | 131 | Anne Stunes Isene (70) | Sturla | 10,85 |
| | 10,23 | 10,55 | 10,85 | |
| 11 | 130 | Berit Stunes Isene (98) | Sturla | 10,67 |
| | 10,50 | 10,66 | 10,67 | |

KS

Lengde

Kvallifisering

| | | | | |
|---|------|------------------------|--------|------|
| 1 | 288 | Nadia Akpana Assa (95) | IL BUL | 6,09 |
| | +1,9 | | | |
| | 6,09 | - | - | |

| KS | Lengde | | | Kvallifisering | |
|-----------|---------------|------------------------------|--------------|-----------------------|--|
| 2 | 92 | Margrethe Renstrøm (85) | Tjalve | 5,71 | |
| | | +0,8 | | | |
| | x | 5,71 | - | | |
| 3 | 289 | Phylis Boateng (94) | IL BUL | 5,68 | |
| | | -0,2 | | | |
| | | 5,68 | - | | |
| 4 | 61 | Katarina Mögenburg (91) | Tyrving | 5,65 | |
| | | +0,5 | | | |
| | | 5,65 | - | | |
| 4 | 2 | Ida Marcussen (87) | Våg | 5,65 | |
| | | +0,8 | | | |
| | | 5,65 | - | | |
| 6 | 365 | Lene Secher Myrmed (86) | Fri | 5,48 | |
| | | +0,4 | +1,2 | | |
| | | 5,48 | 5,46 | - | |
| 7 | 386 | Renate Grimstad (92) | Dimna | 5,48 | |
| | | +1,1 | | | |
| | x | 5,48 | - | | |
| 8 | 285 | Mai Brit Berge (95) | Iveland | 5,46 | |
| | | +0,5 | +1,7 | +0,6 | |
| | | 5,17 | 5,28 | 5,46 | |
| 9 | 192 | Hanne Berit Irgens (94) | Sandnes | 5,40 | |
| | | +0,2 | +0,1 | | |
| | | 5,39 | 5,40 | x | |
| 10 | 401 | Maren Haugen Lillefosse (98) | BFG Bergen | 5,35 | |
| | | +0,3 | +1,3 | +0,9 | |
| | | 5,35 | 5,02 | 5,14 | |
| 11 | 158 | Jenny Nyborg (96) | Steinkjer | 5,35 | |
| | | +0,7 | +0,7 | | |
| | x | 5,35 | 4,99 | | |
| 12 | 179 | Caroline Fleischer (96) | Ski | 5,34 | |
| | | +0,2 | +0,7 | +0,8 | |
| | | 5,05 | 5,25 | 5,34 | |
| 13 | 284 | Emilie Berge (97) | Iveland | 5,33 | |
| | | +0,3 | +0,2 | +0,3 | |
| | | 5,21 | 5,26 | 5,33 | |
| 14 | 282 | Eline Breilid (93) | Kristiansand | 5,24 | |
| | | +0,5 | -0,4 | | |
| | | 5,24 | 5,14 | x | |
| 15 | 149 | Thale Leirfall Bremset (99) | Stjørdal | 5,22 | |
| | | +0,4 | +0,5 | | |
| | | 5,20 | 5,22 | x | |
| 16 | 385 | Synnøve Bjørgo Adam (97) | Fagernes | 5,17 | |
| | | +0,5 | +0,6 | | |
| | x | 5,17 | 5,08 | | |
| 17 | 362 | Anne Engen Andersen (95) | Frol | 5,14 | |
| | | -0,1 | | | |
| | x | 5,14 | - | | |
| 18 | 206 | Wendel M. Håvardstun (98) | Sandefjord | 5,03 | |
| | | -0,6 | +1,0 | | |
| | x | 5,03 | 4,98 | | |

NM 2014

Resultatliste

23.08.2014

| KS | | Lengde | | | Kvallifisering | |
|-----------|------|---------------------------|--------------|------|-----------------------|------|
| 19 | 335 | Live Haugstad Hilton (99) | Gular | | | 5,03 |
| | +0,4 | | | +0,5 | | |
| | 4,91 | x | | 5,03 | | |
| 20 | 290 | Ingvild Tvare (91) | IL BUL | | | 5,01 |
| | +0,9 | 0 | | +0,6 | | |
| | 5,01 | 5,00 | | 4,91 | | |
| 21 | 241 | Guri Sellevåg Aarø (99) | Norna-Salhus | | | 4,76 |
| | | +1,0 | | +0,6 | | |
| | x | 4,76 | | 2,99 | | |

| KS | | Spyd | | | 600gr | |
|-----------|-------|-----------------------------|--------------|-------|--------------|-------|
| 1 | 210 | Marte Aaltvedt (89) | Romerike | | | 54,10 |
| | 52,98 | x | 51,42 | 54,10 | x | x |
| 2 | 249 | Lena Marie Hansen (93) | Nittedal | | | 52,93 |
| | 52,13 | 51,44 | 52,93 | 50,34 | x | 52,52 |
| 3 | 94 | Marie-Therese Obst (96) | Tjalve | | | 51,64 |
| | 51,64 | x | 51,35 | x | 50,86 | 51,55 |
| 4 | 30 | Andrea Enerstad Bolle (92) | Vestby | | | 50,69 |
| | 47,35 | 50,69 | 47,03 | 48,86 | 48,77 | 48,44 |
| 5 | 228 | Sigrid Borge (95) | Osterøy | | | 49,64 |
| | 49,64 | 45,62 | x | 48,25 | 47,06 | x |
| 6 | 390 | Kristina Kristianslund (93) | Bækkelaget | | | 47,00 |
| | 47,00 | x | x | 46,54 | x | x |
| 7 | 64 | Ane Dahlen (94) | Tyrving | | | 44,94 |
| | 43,38 | 43,61 | 44,47 | 43,44 | 43,62 | 44,94 |
| 8 | 291 | Rebekka Engen (96) | IL BUL | | | 44,25 |
| | 44,25 | 42,53 | 43,48 | x | x | x |
| 9 | 95 | Tove Beate Dahle (88) | Tjalve | | | 41,98 |
| | x | x | 41,98 | | | |
| 10 | 2 | Ida Marcussen (87) | Våg | | | 41,86 |
| | 41,86 | 41,45 | x | | | |
| | 239 | Mona Ekroll Jaidi (95) | Norna-Salhus | | | x |
| | x | x | x | | | |
| | 232 | Hanna Stengel Lunde (94) | Orion | | | x |
| | x | x | x | | | |

MS 100 m

Heat: 1

Vind: -0.2

| | | | | |
|---|-----|-----------------------------|-------------|-------|
| 1 | 407 | Amund Sjursen (96) | BFG Bergen | 11,04 |
| 2 | 268 | Sondre M. Nystrøm (94) | Lillehammer | 11,07 |
| 3 | 300 | Peter Efe R. Osazuwa (89) | IL BUL | 11,09 |
| 4 | 304 | Samuel Blessing Elonga (94) | IL BUL | 11,17 |
| 5 | 101 | Henrik Johnsen (86) | Tjalve | 11,20 |

MS

100 m

| | | | | |
|---|-----|---------------------------|---------|-------|
| 6 | 321 | Patrick Monga Bifuko (96) | Hellas | 11,35 |
| 7 | 67 | Eivind Hvistendahl (96) | Tyrving | 11,37 |

Heat: 2

Vind: -0.6

| | | | | |
|---|-----|----------------------------|--------------|-------|
| 1 | 298 | Jaysuma Saidy Ndure (84) | IL BUL | 10,85 |
| 2 | 242 | Salumu A. Kashafali (93) | Norna-Salhus | 10,91 |
| 3 | 269 | Tormod H. Larsen (86) | Lillehammer | 11,02 |
| 4 | 377 | Jostein Joshua Fossøy (92) | Florø | 11,10 |
| 5 | 302 | Einar-Andre Jakobsen (86) | IL BUL | 11,18 |
| 6 | 347 | Marius Bull Hjeltnes (96) | Gular | 11,31 |
| 7 | 24 | Kjartan Løvoll (92) | Vidar | 11,40 |
| 8 | 66 | Theo Halvorsen (97) | Tyrving | 11,46 |

Heat: 3

Vind: +0.1

| | | | | |
|---|-----|----------------------------|-------------|-------|
| 1 | 36 | Even Pettersen (93) | Urædd | 10,96 |
| 2 | 258 | Carl Emil Kåshagen (91) | Moelven | 11,03 |
| 3 | 100 | Sondre Nyvold Lid (94) | Tjalve | 11,14 |
| 4 | 65 | Hallgeir Martinsen (89) | Tyrving | 11,22 |
| 5 | 219 | Thomas Firing (92) | Ranheim | 11,23 |
| 6 | 270 | Håkon Morken (93) | Lillehammer | 11,24 |
| 7 | 305 | Nivethan Panchalingam (93) | IL BUL | 11,34 |
| 8 | 120 | Brede Solberg Stølen (93) | Tingvoll | 11,42 |

Heat: 4

Vind: +0.8

| | | | | |
|---|-----|--------------------------|-------------|-------|
| 1 | 175 | Lars Jøran Storhaug (89) | Skjalg | 10,98 |
| 2 | 77 | Kristoffer Buhagen (92) | Trondheim | 10,99 |
| 3 | 267 | Michael Rosenberg (91) | Lillehammer | 11,10 |
| 4 | 174 | Simen Tjelta Larsen (94) | Skjalg | 11,22 |
| 5 | 181 | Eirik Tanberg (87) | Sigdal | 11,25 |
| 6 | 271 | Vebjørn Gilde (93) | Lillehammer | 11,39 |
| 7 | 50 | Mathias Narum (97) | Tønsberg | 11,53 |
| 8 | 196 | Ottar Jonsson (83) | Sandnes | 11,64 |

Heat: 5

Vind: +0.4

| | | | | |
|---|-----|------------------------------|-----------|-------|
| 1 | 125 | Even Meinseth (96) | Sørild | 10,94 |
| 2 | 313 | Anders Erlend Idås (90) | Horten | 10,97 |
| 3 | 301 | Riquelvis Santiago (87) | IL BUL | 11,03 |
| 4 | 78 | Eirik Thorshaug (87) | Trondheim | 11,07 |
| 5 | 359 | Thomas Mardal (97) | Gloppen | 11,17 |
| 6 | 221 | Martin T. Gjertsen (93) | Ranheim | 11,49 |
| 7 | 306 | Johannes Enli Kalleberg (98) | IL BUL | 11,55 |

MS

100 m

| | | | |
|-----|------------------|-------|-----|
| 346 | Joakim Dang (90) | Gular | DNS |
|-----|------------------|-------|-----|

MS

100 m, Finale

Vind: +0.3

| | | | | |
|---|-----|---------------------|--------------|-------|
| 1 | 298 | Jaysuma Saidu Ndure | IL BUL | 10,22 |
| 2 | 242 | Salumu A. Kashafali | Norna-Salhus | 10,50 |
| 3 | 77 | Kristoffer Buhagen | Trondheim | 10,72 |
| 4 | 175 | Lars Jøran Storhaug | Skjalg | 10,78 |
| 5 | 313 | Anders Erlend Idås | Horten | 10,82 |
| 6 | 125 | Even Meinseth | Sørild | 10,86 |
| | 36 | Even Pettersen | Urædd | DNF |
| | 258 | Carl Emil Kåshagen | Moelven | DNS |

MS

100 m, Semifinale

Heat: 1

Vind: +0.4

| | | | | |
|---|-----|----------------------|-------------|-----------|
| 1 | 298 | Jaysuma Saidu Ndure | IL BUL | 10,46 |
| 2 | 77 | Kristoffer Buhagen | Trondheim | 10,73 |
| 3 | 36 | Even Pettersen | Urædd | 10,80 |
| 4 | 175 | Lars Jøran Storhaug | Skjalg | 10,83 |
| 5 | 300 | Peter Efe R. Osazuwa | IL BUL | 10,87 |
| 6 | 78 | Eirik Thorshaug | Trondheim | 10,98 |
| 7 | 269 | Tormod H. Larsen | Lillehammer | 10,99 |
| | 301 | Riquelvis Santiago | IL BUL | DQ:R162.6 |

Heat: 2

Vind: +0.6

| | | | | |
|---|-----|---------------------|--------------|-------|
| 1 | 242 | Salumu A. Kashafali | Norna-Salhus | 10,60 |
| 2 | 125 | Even Meinseth | Sørild | 10,85 |
| 3 | 313 | Anders Erlend Idås | Horten | 10,87 |
| 4 | 258 | Carl Emil Kåshagen | Moelven | 10,94 |
| 5 | 267 | Michael Rosenberg | Lillehammer | 10,99 |
| 6 | 268 | Sondre M. Nystrøm | Lillehammer | 11,03 |
| 7 | 100 | Sondre Nyvold Lid | Tjalve | 11,14 |
| | 407 | Amund Sjursen | BFG Bergen | DNS |

MS

1500 m, Finale

MS

1500 m, Finale

| | | | | |
|----|-----|------------------------|--------------|---------|
| 1 | 198 | Henrik Ingebrigtsen | Sandnes | 3,42,66 |
| 2 | 199 | Filip Ingebrigtsen | Sandnes | 3,44,27 |
| 3 | 98 | Hans Kristian Fløystad | Tjalve | 3,46,94 |
| 4 | 243 | Erik Hovlandsdal | Norna-Salhus | 3,47,50 |
| 5 | 143 | Tom Erling Kårbø | Stord | 3,48,57 |
| 6 | 103 | Erik Udø Pedersen | Tjalve | 3,49,06 |
| 7 | 348 | Thomas Solberg Eide | Gular | 3,49,78 |
| 8 | 350 | Vidar Dahle | Gular | 3,49,88 |
| 9 | 349 | Bjørnar S. Lillefosse | Gular | 3,50,46 |
| 10 | 104 | Sindre Løchting | Tjalve | 3,51,60 |
| 11 | 132 | Magnus H. Pettersen | Sturla | 3,55,85 |
| | 325 | Morten Kolstø Velde | Haugesund | DNF |

Runde tider

400 m 98 58,3 800 m 98 2,01,0 1200 m 198 3,01,0

MS

3000 m hinder

76,2

| | | | | |
|---|-----|-------------------------------|------------|----------|
| 1 | 143 | Tom Erling Kårbø (89) | Stord | 9,00,55 |
| 2 | 201 | Bjørnar U. Kristensen (82) | Sandnes | 9,03,93 |
| 3 | 145 | Harald Kårbø (92) | Stord | 9,07,33 |
| 4 | 106 | Thomas J. Byrkjeland (98) | Tjalve | 9,21,22 |
| 5 | 146 | Lars Lunde (97) | Stord | 9,41,49 |
| 6 | 394 | Fredrik Vaeng Røtnes (96) | BUL Tromsø | 9,56,92 |
| 7 | 22 | Jan Christian Kaltenborn (80) | Vidar | 10,06,87 |

Runde tider

1000 m 201 2,55,6 2000 m 143 2,53,1

MS

400 m hekk

| | | | | |
|---|-----|----------------------------|-----------|------------|
| 1 | 378 | Øyvind S. Kjerpeset (91) | Florø | 51,21 |
| 2 | 197 | Joachim Sandberg (95) | Sandnes | 55,06 |
| 3 | 308 | Kristian Berg (94) | IL BUL | 55,76 |
| 4 | 326 | Leonard Johan Nesheim (95) | Haugesund | 58,18 |
| | 202 | Marius Bakken Støle (93) | Sandnes | DQ:R163.3a |

MS

400 m hekk

MS

800 m

Heat: 1

| | | | | |
|---|-----|-----------------------------|----------|---------|
| 1 | 43 | Thomas Roth (91) | Ull/Kisa | 1,55,87 |
| 2 | 215 | Emil Oustad (89) | Ren-Eng | 1,56,02 |
| 3 | 105 | Mathias B. Engevik (96) | Tjalve | 1,56,13 |
| 4 | 199 | Filip Ingebrigtsen (93) | Sandnes | 1,56,50 |
| 5 | 45 | Håvard Hildeskor (92) | Ull/Kisa | 1,56,77 |
| 6 | 38 | Sverre Blom Breivik (96) | Ull/Kisa | 1,57,00 |
| 7 | 352 | Sondre Dingsør Skogen (96) | Gular | 2,00,34 |
| | 51 | Torsten Bergh Moss (94) | Tønsberg | DNF |
| | 319 | Torbjørn Fossum Heldal (93) | Herkules | DNS |

Heat: 2

| | | | | |
|----|-----|---------------------------|------------|---------|
| 1 | 46 | Andreas Roth (93) | Ull/Kisa | 1,54,48 |
| 2 | 107 | Edvard K. Nygaard (96) | Tjalve | 1,54,53 |
| 3 | 27 | Håkon Mushom (93) | Vidar | 1,54,61 |
| 4 | 213 | Helge Langen (85) | Rindal | 1,54,66 |
| 5 | 47 | Markus Einan (97) | Ull/Kisa | 1,54,97 |
| 6 | 309 | Abdi. Guleed (87) | IL BUL | 1,55,89 |
| 7 | 68 | Haavard Olav H. Lien (96) | Tyrving | 1,56,31 |
| 8 | 48 | Sigurd Blom Breivik (96) | Ull/Kisa | 1,56,48 |
| 9 | 168 | Tor Alfred Bredesen (93) | Snøgg | 1,56,67 |
| 10 | 167 | Kristian Nedregård (74) | Spjelkavik | 2,00,43 |

MS

Kule

| | | | | |
|---|-------|----------------------------|--------------|-------|
| 1 | 113 | Stian Andersen (88) | Tjalve | 17,70 |
| | x | 17,70 | x | x |
| 2 | 244 | Sven Martin Skagestad (95) | Norna-Salhus | 17,42 |
| | 16,41 | 16,55 | 16,76 | x |
| | | | x | 17,42 |
| 3 | 190 | Fredrik Simensen (92) | Sandvin | 16,36 |
| | 15,38 | 16,36 | 16,06 | x |
| | | | 16,09 | 16,20 |
| 4 | 133 | Ola Stunes Isene (95) | Sturla | 15,98 |
| | 15,07 | 15,61 | 15,48 | 15,60 |
| | | | 15,98 | x |
| 5 | 204 | Lars Vikan Rise (88) | Sandnes | 15,42 |
| | 14,61 | x | 15,29 | 15,01 |
| | | | 15,02 | 15,42 |
| 6 | 367 | Martin Roe (92) | Fri | 15,23 |
| | 14,29 | 14,81 | 15,23 | x |
| | | | x | x |

MS

Kule

MS

Lengde

| | | | | | | |
|----|------|----------------------------|------|-----------|------|------|
| 1 | 114 | Vetle Utsi Onstad (87) | | Tjalve | | 7,44 |
| | +0,7 | +0,5 | +0,6 | +0,6 | +0,6 | |
| | 7,35 | 7,44 | 6,30 | 7,18 | x | 7,13 |
| 2 | 311 | Mateusz Parlicki (84) | | IL BUL | | 7,26 |
| | | +0,6 | | | +1,4 | |
| | x | 7,26 | x | x | x | 6,79 |
| 3 | 204 | Lars Vikan Rise (88) | | Sandnes | | 7,16 |
| | +1,3 | | +0,6 | +1,0 | +0,9 | |
| | 7,16 | x | x | 6,98 | 6,98 | 7,13 |
| 4 | 71 | Jonas Mögenburg (90) | | Tyrving | | 7,05 |
| | | +0,6 | +1,2 | +0,8 | | |
| | x | x | 7,05 | 6,80 | 7,03 | x |
| 5 | 367 | Martin Roe (92) | | Fri | | 6,98 |
| | +1,0 | +0,9 | +0,2 | +0,2 | +0,2 | +1,2 |
| | 6,85 | 6,69 | 6,50 | 6,64 | 6,57 | 6,98 |
| 6 | 347 | Marius Bull Hjeltnes (96) | | Gular | | 6,91 |
| | +07 | +0,3 | +0,9 | -0,2 | | |
| | 6,59 | 6,91 | 5,38 | 6,64 | x | x |
| 7 | 80 | Rune Augdal (87) | | Trondheim | | 6,88 |
| | | +0,9 | +0,9 | +0,6 | +0,7 | |
| | x | 6,69 | 6,87 | x | 6,88 | 6,86 |
| 8 | 70 | Frederik Jahr (91) | | Tyrving | | 6,62 |
| | +0,8 | | +0,2 | 0,0 | +1,0 | |
| | 6,42 | x | 6,53 | x | 6,43 | 6,62 |
| 9 | 377 | Jostein Joshua Fossøy (92) | | Florø | | 6,43 |
| | +0,8 | +0,1 | +0,9 | | | |
| | 6,43 | 4,46 | 6,21 | | | |
| 10 | 120 | Brede Solberg Stølen (93) | | Tingvoll | | 6,35 |
| | | +0,4 | | | | |
| | x | x | 6,35 | | | |
| 11 | 397 | Erik Lund (97) | | Brandbu | | 6,20 |
| | +1,2 | | +0,8 | | | |
| | 6,20 | x | 3,36 | | | |
| 12 | 5 | Henrik Holmberg (89) | | Vik | | 6,20 |
| | | +1,6 | +0,7 | | | |
| | x | 6,20 | 2,01 | | | |
| 13 | 234 | Stian Løvås Aaen (95) | | Orion | | 5,80 |
| | +0,7 | +0,9 | | | | |
| | 4,51 | 5,80 | x | | | |

MS

Spyd

| | | | | | | |
|---|-----|------------------------|-------|-------|-------|-------|
| 1 | 238 | Håkon L.. Kveseth (93) | | Orion | | 72,34 |
| | x | 63,33 | 68,87 | 67,86 | 72,34 | x |

MS

Spyd

| | | | | | | | |
|---|-------|----------------------------|-------|-------|-------------|-------|-------|
| 2 | 250 | Paul Redford (90) | | | Nittedal | | 68,34 |
| | x | 65,57 | 68,34 | 62,51 | 62,55 | - | |
| 3 | 151 | Størk Lien (92) | | | Stjørdal | | 66,39 |
| | 65,11 | x | 66,39 | 61,88 | 63,69 | x | |
| 4 | 126 | Vetle Brunvatne (94) | | | Søgne | | 65,29 |
| | x | 62,77 | 64,95 | x | 61,46 | 65,29 | |
| 5 | 376 | Gardar J. Fridriksson (94) | | | Fredrikstad | | 64,85 |
| | 64,85 | 62,67 | 62,64 | 61,29 | 62,76 | x | |
| 6 | 115 | Paul Andre Solberg (80) | | | Tjalve | | 63,36 |
| | 61,84 | 63,36 | 61,30 | 60,96 | 62,48 | 60,46 | |
| 7 | 331 | Christer Stenersrød (91) | | | Halden | | 60,65 |
| | 59,30 | 60,65 | x | 60,05 | x | x | |
| 8 | 312 | Dag Storm Wergeland (89) | | | IL BUL | | 57,88 |
| | 56,00 | 57,88 | 53,19 | 54,88 | 56,46 | x | |
| 9 | 147 | Jørund Løken (96) | | | Stord | | 55,37 |
| | 55,37 | x | 52,72 | | | | |